



2010 Costa Rica Exchange

Who: 4-H youth ages 15-18 (must turn 15 by the date of travel)

What: Travel to Costa Rica with 4-H youth from across the U.S. and live with a Costa Rican host family during your stay. The 4-week program will include a trip to the rainforest and 4-days at camp with 250 Costa Rican 4-H'ers. An adult chaperone will travel with the delegation on all international flights and stay in Costa Rica for the entire exchange period to assist with any delegate concerns/issues.

When: **June 19 – July 17, 2010**

Where: Departure Orientation in Houston prior to departure for San Jose, Costa Rica where there will be an Arrival Orientation to introduce you to the country and culture.

How: This exchange is coordinated with the Fundación Nacional de Clubes 4S who will organize the Arrival Orientation and the host family stays.

Cost: **Estimated at \$1400 plus Airfare**
 (the above estimated fee is a discounted amount for states who participate in the S4-H Inbound Program hosting a minimum of 10 delegates. For **non-participating states**, the estimated fee is **\$1700 plus Airfare**)

Total program costs (program fee + airfare) are estimated to be **\$2200 - \$2600**
 (**\$2500 - \$2900 for non-participating states**)

Final cost will be dependent upon currency exchange, transportation costs, and the delegate's home airport.

Program Costs Include:

- In-Costa Rica expenses: transportation, lodging, meals
- 3 nights 4 days at a 4S camp
- Fieldtrip to the Rain Forest
- Orientation in Houston and San José, Costa Rica
- Health & Accident Insurance
- Pre-trip conference calls, orientation materials, t-shirt
- San José Airport facility tax
- Administrative costs
- A portion of the adult chaperone expenses

Additional costs to be paid by each delegate may include:

- Passport
- Gifts for host family members
- Spending money and all other personal items

Application Deadline: **December 1, 2009 with \$200.00 deposit payable to Missouri 4-H Foundation**

Payment Schedule

- **December 1st** **\$500 deposit with application** payable to States 4-H Exchange (refundable until April 1st)
- **March 1st** **Airfare** (estimated at \$800 – \$1200 depending on home airport; non-refundable once issued)
- **May 1st** **Remaining balance**

Cancellation Policy

- **Payments NOT refundable after each deadline (Airfare NOT refundable once issued)**
- Cancellations must be made in writing
- For exceptional circumstances, refunds are made on a case-by-case basis